

Danes Camp Studio Timetable

Danes Camp Leisure Centre

Accurate as of 13/05/2024

| Times for Thursday 22 March | | | |
|-----------------------------|--------------------|--------------|------------|
| Time | Session | Facility | Instructor |
| 09:30 - 10:30 | Body Pump | Dance Studio | Ashli |
| 10:30 - 11:15 | 50+ Healthy Hearts | Dance Studio | Ashli |