

# Danes Camp Studio Timetable

## Danes Camp Leisure Centre

Accurate as of 03/05/2024

Times for Thursday 26 July

| Time          | Session            | Facility     | Instructor |
|---------------|--------------------|--------------|------------|
| 09:30 - 10:30 | Body Pump          | Dance Studio | Ashli      |
| 10:30 - 11:15 | 50+ Healthy Hearts | Dance Studio | Ashli      |