

# Danes Camp Studio Timetable

## Danes Camp Leisure Centre

Accurate as of 05/05/2024

### Times for Sunday 28 April



Time	Session	Facility	Instructor
08:00 - 08:45	Combat	Dance Studio	Poppy
08:45 - 09:15	GRIT	Dance Studio	Poppy
09:15 - 10:00	Tabata 14+	Dance Studio	Poppy
10:15 - 11:15	Indoor Cycle 14+	Spin Room	Tony