

Mounts Baths Studio Programme

Mounts Baths Leisure Centre

Accurate as of 17/05/2025

Times for Wednesday 22 November



Time	Session	Facility	Instructor
10:00 - 11:15	Yoga 14+	Dance Studio	Lynn
17:45 - 18:45	Yoga 14+	Dance Studio	Tracey
19:00 - 19:45	Indoor Cycle 14+	Dance Studio	Shadab