

Rivers Group Exercise

Pershore Leisure Centre

Accurate as of 14/05/2024

Times for Tuesday 26 March



Time	Session	Facility
09:00 - 09:45	Dancefit	Main Hall
09:15 - 10:15	H2O	Main Pool
09:45 - 10:30	Bums, Tums & Thighs	Main Hall
10:00 - 11:00	Forever Active	Studio
10:30 - 11:15	PiYo	Main Hall
16:00 - 17:30	Junior Gym	Gym
18:00 - 19:00	Riverlution	Studio
19:00 - 20:00	Les Mills BODYPUMP™	Main Hall