

Rivers Group Exercise

Pershore Leisure Centre

Accurate as of 14/05/2024

Times for Friday 5 April



Time	Session	Facility
09:30 - 10:30	Les Mills BODYPUMP™	Main Hall
10:30 - 11:30	To The Core	Main Hall
11:30 - 12:30	Yoga	Studio
16:00 - 17:30	Junior Gym	Gym
17:30 - 18:30	Riverlution	Studio
18:30 - 19:30	Les Mills BODYPUMP™	Main Hall