

# Rivers Group Exercise

## Pershore Leisure Centre

Accurate as of 02/05/2024

### Times for Friday 19 April



Time	Session	Facility
09:15 - 10:15	H2O	Main Pool
11:30 - 12:30	Yoga	Studio
16:00 - 17:30	Junior Gym	Gym
17:30 - 18:30	Riverlution	Studio
18:30 - 19:30	Les Mills BODYPUMP™	Main Hall