

# Heywood Sports Village Swimming Timetable

## Heywood Sports Village

Accurate as of 29/04/2024

### Times for Wednesday 29 March



| Time                | Session                   | Facility   |
|---------------------|---------------------------|------------|
| 9:30 am - 11:30 am  | Public Swim               | Large Pool |
| 10:00 am - 11:30 am | Family Swim               | Small Pool |
| 10:30 am - 11:30 am | Adult Learn To Swim       | Large Pool |
| 11:30 am - 12:30 pm | Aqua Tots (no instructor) | Small Pool |
| 11:30 am - 1:00 pm  | Lane Swim                 | Large Pool |
| 1:00 pm - 3:00 pm   | Public Swim               | Large Pool |
| 1:00 pm - 3:00 pm   | Link4Life Swim Academy    | Small Pool |
| 1:00 pm - 3:00 pm   | Schools Learn To Swim     | Large Pool |
| 3:00 pm - 3:45 pm   | Aqua Aerobics             | Large Pool |
| 3:00 pm - 3:45 pm   | Family Swim               | Small Pool |
| 3:00 pm - 4:00 pm   | Family Swim               | Large Pool |
| 3:45 pm - 7:45 pm   | Link4Life Swim Academy    | Large Pool |
| 3:45 pm - 7:45 pm   | Link4Life Swim Academy    | Small Pool |
| 4:00 pm - 7:45 pm   | Public Swim               | Large Pool |
| 7:45 pm - 8:30 pm   | Lane Swim                 | Large Pool |
| 8:30 pm - 10:00 pm  | Adult Only Swim           | Large Pool |