

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 13/05/2024

Times for Friday 24 February	
Time	Session
10:15 - 11:00	Aqua Aerobics
11:15 - 12:00	Aqua Aerobics
12:00 - 13:00	Lane Swim
12:00 - 13:00	Public Swim
13:00 - 15:00	Link4Life Swim Academy
13:00 - 18:00	Public Swim
15:45 - 18:15	Link4Life Swim Academy
18:00 - 19:00	Adult Only Swim
18:15 - 19:15	Public Swim
19:15 - 20:45	Public Swim
21:00 - 22:00	Lane Swim