

# Middleton Arena Swimming Timetable

## Middleton Arena

Accurate as of 14/05/2024

Times for Friday 7 April		
Time	Session	
10:15 - 11:00	Aqua Aerobics	
11:15 - 12:00	Aqua Aerobics	
12:00 - 13:00	Public Swim	
12:00 - 13:00	Lane Swim	
13:00 - 15:00	Link4Life Swim Academy	
13:00 - 18:00	Public Swim	
15:45 - 19:15	Link4Life Swim Academy	
18:00 - 19:00	Adult Only Swim	
18:15 - 19:15	Public Swim	
19:15 - 20:45	Public Swim	
21:00 - 22:00	Lane Swim	