

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 06/05/2024

Times for Thursday 1 June



Time	Session
09:00 - 12:00	Public Swim
11:45 - 12:45	Aqua Tots (no instructor)
12:00 - 13:00	Lane Swim
13:00 - 14:15	Public Swim
13:00 - 15:30	Public Swim
15:30 - 18:00	Public Swim
15:45 - 19:15	Link4Life Swim Academy
18:00 - 19:00	Adult Only Swim
19:00 - 20:00	Aqua Natal
19:15 - 20:00	Adult Learn To Swim
20:00 - 21:00	Aqua Jog
20:00 - 21:00	Public Swim