

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 23/04/2024

Times for Friday 28 July



Time	Session
09:30 - 10:15	Aqua Aerobics
10:15 - 11:00	Aqua Aerobics
11:00 - 12:00	Public Swim
12:00 - 13:00	Public Swim
12:00 - 13:00	Lane Swim
13:00 - 15:00	Link4Life Swim Academy
13:00 - 18:00	Public Swim
15:45 - 19:15	Link4Life Swim Academy
18:00 - 19:00	Adult Only Swim
18:15 - 19:15	Public Swim
19:15 - 20:45	Public Swim
21:00 - 22:00	Lane Swim