## Middleton Arena Swimming Timetable Middleton Arena

Accurate as of 13/05/2024

Times for Sunday 30 July	•
Time	Session
08:30 - 11:00	Public Swim
09:00 - 10:00	Adult Only Swim
10:00 - 16:00	Public Swim
11:00 - 12:00	Link4Life Swim Academy
12:00 - 17:30	Public Swim
16:15 - 17:30	Lane Swim