

# Swimming Timetable

## Rugeley Leisure Centre

Accurate as of 26/11/2022

### Times for Thursday 29 September



Time	Session
07:00 - 07:50	Lane Swimming
08:10 - 09:00	Lane Swimming
09:10 - 10:00	Casual Swim (2 lanes)
10:10 - 11:00	Parent and Toddler
11:15 - 12:20	Toddler Lessons
12:25 - 13:10	Adult Swimming Lesson
13:20 - 15:00	School swimming lessons
15:45 - 18:00	Swimming Lessons
18:10 - 19:00	Adult Swimming Lesson
18:10 - 19:00	Disability Session
19:10 - 20:00	Casual Swim (2 lanes)
20:10 - 21:00	Lane Swimming