## **Duston Studio Timetable** Duston Sports Centre

## Accurate as of 15/05/2024

| Times for Wednesday 17 April |          |              |            |
|------------------------------|----------|--------------|------------|
| Time                         | Session  | Facility     | Instructor |
| 9:30 am - 10:30 am           | Yoga 14+ | Dance Studio | Emily      |