

# Swimming Sessions Timetable

## St James Leisure Centre (Closed)

Accurate as of 09/06/2026

### Times for Friday 12 June



Time	Session	Facility	Instructor	Level
7:00 am - 8:30 am	Lane Swimming	Swimming Pool		
12:00 pm - 1:30 pm	Swim 4 All	Swimming Pool		
1:30 pm - 2:15 pm	Aquafit	Swimming Pool		
2:30 pm - 3:30 pm	Young At Heart	Swimming Pool		
3:30 pm - 4:30 pm	Swim 4 All	Swimming Pool		
4:45 pm - 5:45 pm	Lane Swimming	Swimming Pool		