

Lonsdale Swimming Pool Timetable

Lonsdale Swimming Pool

Accurate as of 16/05/2026

Times for Tuesday 26 March



| Time | Session | Facility |
|---------------|-----------------------------|---------------------|
| 08:00 - 09:00 | Adult Swim | Indoor Pool (25.0m) |
| 09:00 - 10:00 | Ladies and Girls | Indoor Pool (25.0m) |
| 10:30 - 11:00 | Baby Swimming Lessons | Indoor Pool (25.0m) |
| 12:15 - 13:30 | Adult Swim | Indoor Pool (25.0m) |
| 14:00 - 15:00 | School Swimming Lessons | Indoor Pool (25.0m) |
| 16:00 - 18:00 | Children's swimming lessons | Indoor Pool (25.0m) |
| 18:00 - 19:00 | Adult Swimming Club | Indoor Pool (25.0m) |
| 19:00 - 21:00 | Children's Swimming Club | Indoor Pool (25.0m) |