## Poynton Leisure Centre Poynton Leisure Centre

Accurate as of 29/04/2024

Times for Tuesday 30 November		
Time	Session	Facility
06:15 - 07:30	Lane Swim	Indoor Pool (20.0m)
07:30 - 10:00	General Swim	Indoor Pool (20.0m)
10:15 - 11:00	Aquafit	Indoor Pool (20.0m)
11:00 - 13:30	Lane Swim	Indoor Pool (20.0m)
15:00 - 15:30	Lane Swim	Indoor Pool (20.0m)