

Poynton Leisure Centre

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Accurate as of 19/04/2024

Times for Wednesday 1 December



Time	Session	Facility
06:15 - 07:30	Lane Swim	Indoor Pool (20.0m)
07:30 - 10:45	General Swim	Indoor Pool (20.0m)
11:00 - 11:45	Aqua Rhythmic	Indoor Pool (20.0m)
11:45 - 12:45	Inclusive Swim	Indoor Pool (20.0m)
13:00 - 15:30	General Swim	Indoor Pool (20.0m)
15:30 - 19:00	Family Swim	Indoor Pool (20.0m)
19:00 - 21:00	General Swim	Indoor Pool (20.0m)
21:00 - 22:00	Lane Swim	Indoor Pool (20.0m)