Poynton Leisure Centre Poynton Leisure Centre

Accurate as of 01/05/2024

| Times for Friday 3 December | | |
|-----------------------------|--------------|---------------------|
| Time | Session | Facility |
| 06:15 - 07:30 | Lane Swim | Indoor Pool (20.0m) |
| 07:30 - 09:30 | General Swim | Indoor Pool (20.0m) |
| 11:30 - 12:30 | Lane Swim | Indoor Pool (20.0m) |
| 19:00 - 21:00 | General Swim | Indoor Pool (20.0m) |
| 21:00 - 22:00 | Lane Swim | Indoor Pool (20.0m) |