

Poynton Leisure Centre

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Accurate as of 07/03/2026

Times for Sunday 18 January



Time	Session	Facility
08:45 - 09:45	Lane Swim	Indoor Pool (20.0m)
09:45 - 10:45	Family Swim	Indoor Pool (20.0m)
11:00 - 11:45	Fun Swim	Indoor Pool (20.0m)
12:00 - 13:00	Family Swim	Indoor Pool (20.0m)
13:00 - 14:30	General Swim	Indoor Pool (20.0m)
14:30 - 15:30	Lane Swim	Indoor Pool (20.0m)