

Poynton Leisure Centre

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Accurate as of 16/03/2026

Times for Thursday 22 January



Time	Session	Facility
06:15 - 07:30	Lane Swim	Indoor Pool (20.0m)
07:30 - 11:30	General Swim	Indoor Pool (20.0m)
11:30 - 12:30	Lane Swim	Indoor Pool (20.0m)
15:00 - 15:30	Lane Swim	Indoor Pool (20.0m)