

Poynton Leisure Centre

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Accurate as of 02/05/2026

Times for Wednesday 22 April



| Time | Session | Facility |
|---------------|----------------|---------------------|
| 06:15 - 07:30 | Lane Swim | Indoor Pool (20.0m) |
| 07:30 - 10:45 | General Swim | Indoor Pool (20.0m) |
| 11:00 - 11:45 | Aqua Rhythmic | Indoor Pool (20.0m) |
| 12:00 - 13:00 | Inclusive Swim | Indoor Pool (20.0m) |
| 13:30 - 15:30 | General Swim | Indoor Pool (20.0m) |
| 15:30 - 19:00 | Family Swim | Indoor Pool (20.0m) |
| 19:00 - 20:00 | General Swim | Indoor Pool (20.0m) |
| 21:00 - 22:00 | Lane Swim | Indoor Pool (20.0m) |