

# Poynton Leisure Centre

## Poynton Leisure Centre

Accurate as of 02/05/2026

### Times for Sunday 3 May



Time	Session	Facility
07:00 - 09:00	Lane Swim	Indoor Pool (20.0m)
07:00 - 09:00	Lane Swim	Indoor Pool (20.0m)
09:00 - 10:45	Family Swim	Indoor Pool (20.0m)
11:00 - 11:45	Fun Swim	Indoor Pool (20.0m)
12:00 - 13:00	Family Swim	Indoor Pool (20.0m)
13:00 - 14:30	General Swim	Indoor Pool (20.0m)
14:30 - 15:30	Lane Swim	Indoor Pool (20.0m)