

Poynton Leisure Centre

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Accurate as of 02/05/2026

Times for Monday 4 May



Time	Session	Facility
11:30 - 12:30	General Swim	Indoor Pool (20.0m)
12:30 - 13:30	Lane Swim	Indoor Pool (20.0m)
13:30 - 15:00	General Swim	Indoor Pool (20.0m)
15:00 - 15:30	Lane Swim	Indoor Pool (20.0m)