

# Poynton Leisure Centre

## Poynton Leisure Centre

Accurate as of 02/05/2026

### Times for Friday 8 May



Time	Session	Facility
06:15 - 07:30	Lane Swim	Indoor Pool (20.0m)
07:30 - 09:30	General Swim	Indoor Pool (20.0m)
11:30 - 12:30	Lane Swim	Indoor Pool (20.0m)
19:00 - 21:00	General Swim	Indoor Pool (20.0m)
21:00 - 22:00	Lane Swim	Indoor Pool (20.0m)