

Poynton Leisure Centre

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Accurate as of 24/08/2026

Times for Saturday 22 August

Time	Session	Facility
07:00 - 08:00	Lane Swim	Indoor Pool (20.0m)
08:00 - 08:45	General Swim	Indoor Pool (20.0m)
12:00 - 14:00	General Swim	Indoor Pool (20.0m)
14:00 - 15:45	Family Swim	Indoor Pool (20.0m)