

Ilkley Pool swimming timetable

Ilkley Pool & Lido

Accurate as of 26/05/2026

Times for Tuesday 26 May



Time	Session	Facility
7:00 am - 9:00 am	Early Swim	Indoor Pool (25.0m)
9:30 am - 10:30 am	Toddler Splash	Indoor Pool (25.0m)
12:00 pm - 1:30 pm	Adult Lane Swim (16+)	Indoor Pool (25.0m)
1:30 pm - 2:30 pm	Women Only Lane Swim	Indoor Pool (25.0m)
2:30 pm - 3:30 pm	Steady Swim - with lanes	Indoor Pool (25.0m)
4:00 pm - 5:30 pm	Swim For All (With one lane)	Indoor Pool (25.0m)
6:00 pm - 9:00 pm	Swimming Club	Indoor Pool (25.0m)
9:00 pm - 10:00 pm	Adult Lane Swim (16+)	Indoor Pool (25.0m)