

Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 18/04/2024

Times for Monday 22 August



Time	Session	Facility
06:30 - 09:30	Lane Swimming	Main Pool
09:30 - 10:30	Intensive Swim Lessons	Main Pool
10:30 - 12:00	Family Fun	Main Pool
10:45 - 11:30	Aqua Aerobics	Diving Pit
12:15 - 13:15	Lane Swimming	Main Pool
13:30 - 17:30	Family Fun	Main Pool
14:00 - 16:00	Flume	Main Pool
16:00 - 17:00	Starfish Swim Session	Diving Pit
17:30 - 18:30	Lane Swimming	Main Pool
19:00 - 19:45	Aqua Aerobics	Diving Pit
20:30 - 22:00	Lane Swimming	Main Pool