

Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 23/04/2024

Times for Wednesday 24 August



| Time | Session | Facility |
|---------------|------------------------|------------|
| 06:30 - 09:30 | Lane Swimming | Main Pool |
| 09:30 - 10:30 | Intensive Swim Lessons | Main Pool |
| 10:30 - 12:00 | Family Fun | Main Pool |
| 10:45 - 11:30 | Aqua Aerobics | Diving Pit |
| 12:15 - 13:15 | Lane Swimming | Main Pool |
| 13:30 - 17:30 | Family Fun | Main Pool |
| 14:00 - 16:00 | Flume | Main Pool |
| 16:00 - 17:00 | Starfish Swim Session | Diving Pit |
| 17:30 - 22:00 | Lane Swimming | Main Pool |
| 19:00 - 19:45 | Aqua Aerobics | Diving Pit |