

Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 21/09/2026

Times for Tuesday 22 September

Time	Session	Facility
06:30 - 09:30	Lane Swimming	Main Pool
09:30 - 10:30	School Swimming	Main Pool
10:45 - 11:30	Aqua Aerobics	Diving Pit
11:30 - 13:15	Lane Swimming	Main Pool
13:30 - 14:30	School Swimming	Main Pool
14:45 - 17:30	Aquastar Swimming Lessons	Main Pool
17:30 - 18:30	Public Session 2 Lanes	Main Pool
20:30 - 22:00	Lane Swimming	Main Pool