Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 23/11/2026

Times for Wednesday 25 November

Time	Session	Facility
06:30 - 10:30	Lane Swimming	Main Pool
10:45 - 11:30	Parent & Toddler Sessions	Main Pool
10:45 - 11:30	Aqua Aerobics	Diving Pit
11:30 - 13:15	Lane Swimming	Main Pool
13:30 - 14:30	School Swimming	Main Pool
15:30 - 18:30	Aquastar Swimming Lessons	Main Pool
18:30 - 22:00	Lane Swimming	Main Pool
19:00 - 19:45	Aqua Aerobics	Diving Pit