Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 23/11/2026

Times for Thursday 26 November

Time	Session	Facility
06:30 - 09:30	Lane Swimming	Main Pool
09:30 - 11:30	School Swimming	Main Pool
10:45 - 11:30	Aqua Aerobics	Diving Pit
11:30 - 13:15	Lane Swimming	Main Pool
13:30 - 14:30	School Swimming	Main Pool
15:30 - 17:15	Aquastar Swimming Lessons	Main Pool
17:15 - 18:30	Public Session 1 Lane	Main Pool
18:30 - 22:00	Lane Swimming	Main Pool
19:00 - 19:45	Aqua Aerobics	Diving Pit