

Sportspace Hemel Hempstead - Swimming Timetable

Hemel Hempstead Leisure Centre

Accurate as of 14/05/2026

Times for Saturday 16 May



Time	Session	Facility
08:30 - 10:15	Swimming lessons	Teaching Pool
09:00 - 10:30	Swimming lessons	Diving Pit
09:00 - 13:00	Swimming lessons	Flexi Pool
09:00 - 16:45	Lane Lines / Casual	Main Pool
10:15 - 17:00	Lane Lines / Casual	Teaching Pool
10:30 - 12:30	Club time	Diving Pit
13:00 - 14:15	Casual Diving Session	Diving Pit
13:00 - 15:00	Inflatable Fun	Flexi Pool
14:15 - 16:00	Swimming lessons	Diving Pit
15:00 - 19:00	Pool parties	Flexi Pool
16:00 - 17:00	Casual Diving Session	Diving Pit
16:45 - 18:30	Club time	Main Pool
19:00 - 22:00	Special event	Main Pool