

# ABERGAVENNY POOL PROGRAMME

## Abergavenny Leisure Centre

Accurate as of 26/11/2022

### Times for Thursday 29 September



Time	Session	Facility	# Lanes
06:30 - 08:30	Public Swim (4 Lanes in Pool)	Pool	
09:00 - 11:00	Public Swim (2 Lanes in Pool)	Pool	
15:00 - 15:45	Aqua Aerobics	Pool	
16:00 - 18:30	Swimming Lessons	Pool	
18:30 - 19:15	Water Polo	Pool	
19:30 - 20:30	Public Swim with Music (2 Lanes in Pool)	Pool	
20:30 - 22:00	Public Swim (4 Lanes in Pool)	Pool	