

# St Annes Swimming Timetable

## Ymca (St Annes Pool & Gym)

Accurate as of 01/05/2024

### Times for Friday 1 July



| Time          | Session                 | Facility      |
|---------------|-------------------------|---------------|
| 06:30 - 07:30 | Lane Swimming           | Swimming Pool |
| 07:30 - 08:30 | Lane Swimming (4 Lanes) | Swimming Pool |
| 12:30 - 13:15 | Aqua Aerobics           | Swimming Pool |
| 13:30 - 18:00 | Public Swimming         | Swimming Pool |
| 13:30 - 18:00 | Lane Swimming (3 Lanes) | Swimming Pool |
| 16:00 - 18:30 | Swimming Lessons        | Swimming Pool |
| 18:00 - 19:00 | St Annes Swimming Club  | Swimming Pool |
| 18:45 - 20:15 | Rookie Lifeguards       | Swimming Pool |