

Garstang Swimming Timetable

Ymca (Garstang Swimming Centre)

Accurate as of 17/05/2025

Times for Friday 23 March



Time	Session	Facility
07:00 - 09:00	Adult Members and Adults only	Swimming Pool
09:00 - 10:00	The SwimFit Programme	Swimming Pool
15:00 - 16:00	Adults Only	Swimming Pool