


Garstang Swimming Timetable

Ymca (Garstang Swimming Centre)

Accurate as of 02/05/2024

| Times for Tuesday 29 May | | |  |
|--------------------------|-------------------------------|---------------|---|
| Time | Session | Facility | |
| 08:00 - 09:15 | Adult Members and Adults only | Swimming Pool | |
| 09:15 - 10:00 | Adults Aqua Aerobics | Swimming Pool | |
| 12:00 - 13:00 | Public Swimming | Swimming Pool | |
| 15:00 - 16:00 | Ladies and Lady members | Swimming Pool | |
| 16:00 - 19:00 | Public Swimming | Swimming Pool | |
| 16:00 - 19:00 | Swimming Lessons | Swimming Pool | |
| 19:00 - 21:00 | Rookie Lifeguards | Swimming Pool | |