

Garstang Swimming Timetable

Ymca (Garstang Swimming Centre)

Accurate as of 27/04/2024

Times for Thursday 26 July



Time	Session	Facility
08:00 - 09:30	Adult Members and Adults only	Swimming Pool
09:30 - 10:00	Parents and Babies	Swimming Pool
10:00 - 10:45	Aqua Aerobics	Swimming Pool
19:30 - 20:30	Adult Members and Adults only	Swimming Pool
20:00 - 20:30	Junior Swim Fit	Swimming Pool
20:30 - 21:30	The SwimFit Programme	Swimming Pool