

# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 25/04/2024

### Times for Friday 21 September



Time	Session	Facility
07:00 - 09:00	Adult Members and Adults only	Swimming Pool
09:00 - 10:00	The SwimFit Programme	Swimming Pool
15:00 - 16:00	Adults Only	Swimming Pool