

# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 23/04/2024

### Times for Tuesday 22 January



Time	Session	Facility
08:00 - 09:15	Adult Members and Adults only	Swimming Pool
09:15 - 10:00	Adults Aqua Aerobics	Swimming Pool
12:00 - 13:00	Public Swimming	Swimming Pool
15:00 - 16:00	Ladies and Lady members	Swimming Pool
16:00 - 19:00	Public Swimming	Swimming Pool
16:00 - 19:00	Swimming Lessons	Swimming Pool
19:00 - 21:00	Rookie Lifeguards	Swimming Pool