

# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 17/05/2025

### Times for Tuesday 26 March



| Time          | Session                       | Facility      |
|---------------|-------------------------------|---------------|
| 08:00 - 09:15 | Adult Members and Adults only | Swimming Pool |
| 09:15 - 10:00 | Adults Aqua Aerobics          | Swimming Pool |
| 12:00 - 13:00 | Public Swimming               | Swimming Pool |
| 15:00 - 16:00 | Ladies and Lady members       | Swimming Pool |
| 16:00 - 19:00 | Public Swimming               | Swimming Pool |
| 16:00 - 19:00 | Swimming Lessons              | Swimming Pool |
| 19:00 - 21:00 | Rookie Lifeguards             | Swimming Pool |