


# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 02/05/2024

Times for Thursday 26 September			
Time	Session	Facility	
08:00 - 09:15	Adult Members and Adults only	Swimming Pool	
09:15 - 10:00	Aqua Aerobics	Swimming Pool	
11:30 - 12:00	Parents and Babies	Swimming Pool	
16:00 - 20:00	Public Swimming	Swimming Pool	
16:00 - 20:00	Swimming Lessons	Swimming Pool	
20:00 - 20:30	Junior Swim Fit	Swimming Pool	
20:30 - 21:30	The SwimFit Programme	Swimming Pool	