

Garstang Swimming Timetable

Ymca (Garstang Swimming Centre)

Accurate as of 05/05/2024

Times for Thursday 23 January



Time	Session	Facility
08:00 - 09:15	Adult Members and Adults only	Swimming Pool
09:15 - 10:00	Aqua Aerobics	Swimming Pool
11:30 - 12:00	Parents and Babies	Swimming Pool
12:00 - 13:00	Public Swimming	Swimming Pool
16:00 - 20:00	Public Swimming	Swimming Pool
16:00 - 20:00	Swimming Lessons	Swimming Pool
20:00 - 20:30	Junior Swim Fit	Swimming Pool
20:30 - 21:30	The SwimFit Programme	Swimming Pool