


# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 11/05/2024

Times for Tuesday 7 July			
Time	Session	Facility	
08:00 - 09:15	Adult Members and Adults only	Swimming Pool	
09:15 - 10:00	Adults Aqua Aerobics	Swimming Pool	
12:00 - 15:00	Public Swimming	Swimming Pool	
15:00 - 16:00	Ladies and Lady members	Swimming Pool	
16:00 - 19:00	Public Swimming	Swimming Pool	
16:00 - 19:00	Swimming Lessons	Swimming Pool	
19:00 - 21:00	Rookie Lifeguards	Swimming Pool	