

Garstang Swimming Timetable

Ymca (Garstang Swimming Centre)

Accurate as of 25/09/2026

Times for Thursday 1 October

Time	Session	Facility
08:00 - 08:45	Adult Members and Adults only	Swimming Pool
12:15 - 12:45	Public Swimming	Swimming Pool
15:30 - 19:30	Public Swimming	Swimming Pool
16:00 - 20:00	Swimming Lessons	Swimming Pool
19:30 - 20:00	Junior Swim Fit	Swimming Pool
20:00 - 21:00	The SwimFit Programme	Swimming Pool