

# Poulton Swimming Timetable

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 15/07/2025

Times for Monday 24 January



Time	Session	Facility
06:30 - 07:30	Public Swimming	Swimming Pool
06:30 - 10:30	Public Swimming	Swimming Pool
07:30 - 09:00	Public Swimming	Swimming Pool