## **Poulton Swimming Timetable Poulton Ymca Swimming & Fitness Centre**

Accurate as of 11/05/2024

Times for Monday 15 August		
Time	Session	Facility
06:30 - 07:30	Public Swimming	Swimming Pool
07:30 - 09:00	Public Swimming	Swimming Pool
10:00 - 11:00	Public Swimming	Swimming Pool
11:00 - 12:00	Public Swimming	Swimming Pool
12:30 - 13:30	Adults Only	Swimming Pool
14:00 - 15:30	Public Swimming	Swimming Pool