


Poulton Swimming Timetable

Poulton Ymca Swimming & Fitness Centre

Accurate as of 24/06/2025

Times for Friday 31 March			
Time	Session	Facility	
06:30 - 07:30	Public Swimming	Swimming Pool	
07:30 - 09:00	Public Swimming	Swimming Pool	
10:00 - 11:00	Public Swimming	Swimming Pool	
11:00 - 12:00	Public Swimming	Swimming Pool	
12:00 - 13:00	Public Swimming	Swimming Pool	
12:30 - 13:30	Public Swimming	Swimming Pool	
14:00 - 15:00	Public Swimming	Swimming Pool	
14:00 - 15:30	Public Swimming	Swimming Pool	
18:30 - 19:30	Public Swimming	Swimming Pool	