

# Poulton Swimming Timetable

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 25/06/2026

### Times for Friday 26 June



Time	Session	Facility
06:30 - 09:00	Public Swimming	Swimming Pool
11:45 - 12:45	Public Swimming	Swimming Pool
18:30 - 19:30	Public Swimming	Swimming Pool